

Abbey Primary Newsletter 3.09.21

Welcome Back!



Welcome back to Abbey Primary from all of the staff. We hope that you have enjoyed the summer break. It has been wonderful to see all of the children coming into school so positively.

We are passionate about providing all the children with a motivating and inspiring curriculum. Within the next couple of weeks, you will receive the curriculum map for your child's year group. We will also be inviting you into school to a curriculum meeting where you can find out about the new changes to our curriculum and meet the teachers (Please see the dates in the diary section below).

As Covid restrictions have now been lifted, we are adjusting to getting back to a new normality. We appreciate your support during this transitional time. We are continuing with our increased cleaning regime; staff continue to take lateral flow tests and necessary precautions and we continue to encourage good hand hygiene from everyone.

No doubt you will have noticed the exciting changes that are beginning to take place within the school. The building was decorated inside and out over the holidays and the children have returned to freshly painted classrooms. Much of the flooring has now been changed from carpet to lino and this will continue over the next year. We cannot wait to show you how fresh the building is now looking.

New Staff

We would like to welcome Miss Beers who will be joining Year 4 as a Teaching Assistant. We know she is going to be an excellent addition to the team.

Important PE Information

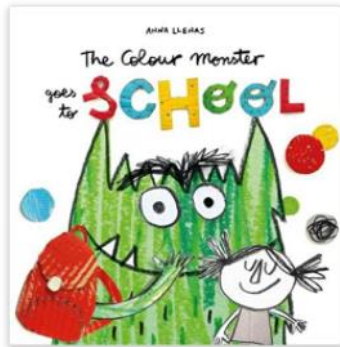
Wearing PE kits to school on PE days last year, was a huge positive as it helped to increase learning time, took away anxieties about changing in school and meant that there was a huge reduction in needing to replace a lost kit! We have decided to continue this so the children will be expected to wear their PE kit to school when they have PE lessons.

The children will have 1 PE session each week as detailed below:

Nursery – Friday
Reception – Thursday
Year 1 – Tuesday
Year 2 – Monday
Year 3 – Monday
Year 4 – Tuesday
Year 5 – Friday
Year 6 – Wednesday

The children need to wear a t-shirt that indicates which House Group (Earth, Water, Fire & Air) they are in. We are aware that Stitch Design are experiencing delays in supplying the new t-shirt colours – please don't worry, the children will be able to wear a coloured provided (provided in school) until the coloured t-shirts are available.

Recommended Read



'The Colour Monster Goes to School' by Anna Llenas

Follow The Colour Monster on a brand-new adventure, as he navigates his way through his first day at school!

Anna Llenas's popular Colour Monster is back, and this time he's heading off to school! But what exactly is school? A spooky castle filled with terrifying animals? A place in the sky, amongst the rainbows

and clouds?

From music lessons, to lunchtime, to making new friends, the Colour Monster's first day of school is filled with exciting new adventures.

This book is recommended for children between the ages of 4 and 7.

Action for Happiness Calendar **Self-Care September**

Self-care isn't selfish, it's essential. No-one's perfect. But so often we compare our insides to other people's outsides. This month we're encouraging everyone to be kinder to themselves (as well as others), especially when things go wrong. Self-care increases our resilience and helps us get more out of life. It also helps us accept others as they are too.

[Action for Happiness](#)

Online safety – Back to school online safety tips!

All National Online Safety, we believe in empowering parents, carers and trusted adults with the information to have informed conversations about online safety with their children, should they feel it is needed. This guide focuses on one kind of every child's online world: school. Please visit nationalonlinesafety.com for further guides, tools and tips for schools.

BACK TO SCHOOL

Online Safety Tips for Children

Wow, it's September already! The month when autumn officially starts and ... oh yeah, the beginning of a new school year. Every cloud has a silver lining though! Another term means new friends to make, different stuff to learn, fresh online trends to jump on and exciting new games to play on your phone, computer or console. We've compiled a list of our top tips to ensure that – whether you're going online to chat, research things or just have fun – you can do it safely.



- Be cautious with your profile**

Be careful not to give out too much info on your social media or gaming profiles. Details like your full name, address or school's name could all help strangers to actually find you online. A trusted adult can help you make your profiles private – so only your family and actual friends can contact you.
- Lock your devices**

Taking your phone or tablet to school? Turn password protection on. It keeps your private info safe and stops anyone accessing your device without permission. Passwords should be memorable to you – but difficult for anyone else to guess. Get a trusted adult to write it down in case you forget it!
- Be smart with screen time**

Too much screen time, especially just before bed, can affect your quality of sleep. Losing sleep, or not sleeping well enough, messes with your concentration and energy levels. Try muting notifications so you don't get pinged late at night; you'll feel fresher and more focused the next day.
- Know how to deal with bullies**

Sadly there are people online who enjoy picking on other users. If you ever feel like you're being bullied online – by anyone, not just someone from school – talk to a trusted adult about it. Together, you can discuss possible steps, such as blocking or reporting the person who's targeting you.
- Manage online relationships wisely**

Most people in a relationship chat to their partner online. Just be mindful that once you send a pic or message (even if it's private), you no longer control who else might see it. Messaging someone you've never actually met – and who might not be who they say – is definitely best avoided.
- React well to inappropriate content**

When you're researching something online, there's always a chance of finding content that makes you feel uncomfortable or upset. If this happens, you can report it as inappropriate and (hopefully) get it taken down. Tell a trusted adult what happened; they'll help you decide what to do next.
- Report offensive in-game chat**

If you game online with your mates, you'll know things can get competitive and heated on the in-game chat. Playing against people you don't know (especially if they're older) raises the risk of offensive comments and even threats. Our advice? Find out how to block or mute those bad losers.
- Learn to spot fake news**

If you're looking into a topic for homework or a project, be careful not to get taken in by fake news: content that's deliberately created to mislead people. Check the story with credible sources, like the BBC or Sky News. Trust your instincts, too – if it seems too unbelievable to be true, it's probably fake.
- Keep it 'real' with online friends**

Everyone enjoys adding friends and followers on social media. It's important, though, that the people you interact with online really are your friends. If they're just random people you've connected with to increase your contacts, you don't know if they could be trolls or bullies (or worse).

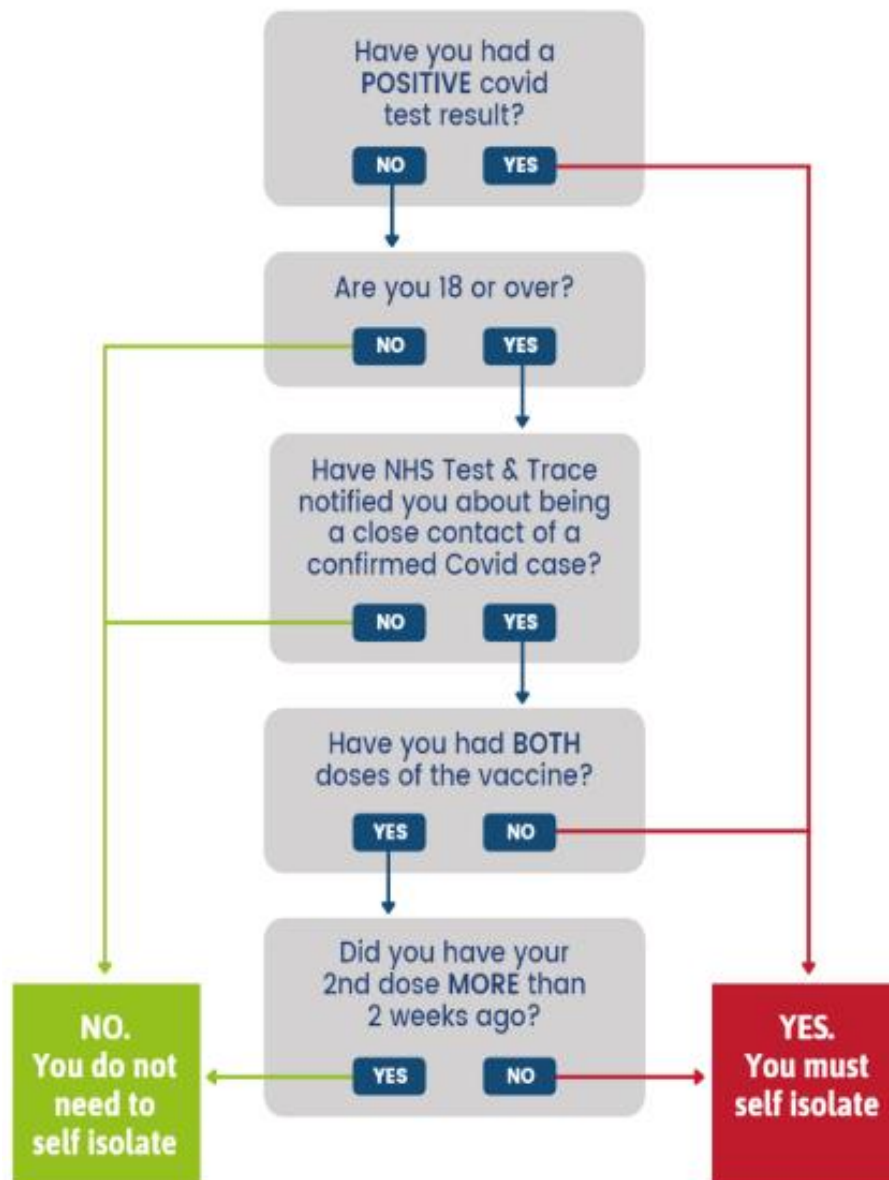
NOS National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @nationalonlinesafety /NationalOnlineSafety @nationalonlinesafety

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<https://nationalonlinesafety.com/hub/view/guide/back-to-school>

The Jeans for Genes campaign raises awareness of the daily challenges faced by those living with a genetic disorder and raises money to fund projects that make a tangible difference to the lives of those affected.



Dates for your Diary

Academic Year 2021-2022

Friday 17th September – 'Jeans for Genes' Day

Friday 17th to Monday 20th September – Year 6 PGL trip

Monday 27th September - Year 1 Curriculum meeting (2.30-3.00pm)

Tuesday 28th September – Year 2 Curriculum meeting (2.30-3.00pm)

Wednesday 29th September – Year 3 Curriculum meeting (2.30-3.00pm)

Thursday 30th September – Year 4 Curriculum meeting (2.30-3.00pm)

Friday 1st October – Year 5 Curriculum meeting (2.30-3.00pm)

Monday 4th October – Year 6 Curriculum meeting (2.30-3.00pm)

Thursday 7th October – Individual Photographs

Tuesday 12th October – Years 5 and 6 Wellbeing workshops

Wednesday 13th October – Year 3 and 4 Wellbeing workshops

Thursday 14th October – Years 1 and 2 Wellbeing workshops

Monday 25th to Friday 29th October – school closed for half-term

Monday 1st November – school closed for staff training (INSET Day)

Tuesday 2nd November – school closed for staff training (INSET Day)

Wednesday 10th November – Parents Evening (3.30-6.50pm)

Thursday 11th November – Parents Evening (3.30-4.50pm)

Friday 17th December – Last day of term – **early finish for all children (including Nursery)**

And finally....

Don't be afraid to
CHANGE.

You may lose
something good
but you may gain
something better.