

Personal, Social and Emotional Development

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Starting Point - 'Magical Me'	Starting Point - 'Sparkle & Shine'	Starting Point - 'What is your superpower?'	Starting Point - 'Once upon a time'	Starting Point - 'Our Wonderful World'	Starting Point - 'Imagine'
Nursery Skills	<p>To separate from main carer and learn to adapt to the preschool environment.</p> <p>To select and use activities and resources, with some support if needed.</p>	<p>To learn about daily routines and classroom rules.</p> <p>To be aware of behavioural expectations in the preschool</p> <p>To select and use activities and resources, with</p>	<p>To learn how to share resources and play in a group.</p> <p>To learn to look after resources within the class.</p> <p>To listen to, and follow rules set.</p>	<p>To show independence in accessing and exploring the environment.</p> <p>To independently put on coats and use the toilet.</p> <p>To listen to, and follow rules set.</p>	<p>To be able to initiate play with peers and keep play going by giving ideas.</p> <p>To become more outgoing with unfamiliar people.</p> <p>To show more confidence in new</p>	<p>To gain enough confidence to talk to adults and peers.</p> <p>To begin to be assertive towards others where necessary.</p> <p>To gain confidence</p>

	<p>To wash hands after using the toilet.</p> <p>To see themselves as valuable.</p>	<p>some support if needed.</p> <p>To show an awareness of the importance of oral health.</p> <p>To begin to find solutions independently.</p>	<p>To take turns whilst playing and waiting patiently to have a go.</p> <p>To begin to develop a sense of community.</p> <p>To follow rules independently.</p>	<p>To learn to look after resources within the class.</p>	<p>social situations.</p> <p>To begin to find solutions to conflicts.</p> <p>To show an awareness of how others may be feeling.</p>	<p>in finding solutions.</p> <p>To gain independence in their self-help skills.</p>
<p>Nursery Knowledge</p>	<p>To know that they can approach adults when needed.</p> <p>To know about building constructive and respectful</p>	<p>To know how to adapt behaviour to suit classroom routines.</p> <p>To show confidence in</p>	<p>To know how to manage their emotions in different situations.</p> <p>To know that there are</p>	<p>To be aware of the different areas in the Preschool and how to explore them safely.</p> <p>To approach an adult if they need</p>	<p>To know that to play nicely it's important to share and take turns.</p> <p>To know that if I am upset, I can use phrases such as "stop it, I don't</p>	<p>To know how to talk politely and develop an understanding of what is appropriate.</p> <p>To know that it is OK to challenge others, but they must remember to</p>

	<p>relationships.</p> <p>To know how to express their feelings.</p> <p>To know they need to consider the feelings of others.</p>	<p>asking adults for support.</p> <p>To know that oral hygiene is important and also know that eating fruits and vegetables is healthy for teeth and our bodies</p>	<p>boundaries set.</p> <p>To know about different feelings and be able to talk about them during circle time, 'happy', 'sad', 'angry' or 'worried'.</p> <p>To know that we must respect our resources and out them back when we have finished with them.</p> <p>To know that when playing in a group they need to share and also know that</p>	<p>support.</p> <p>To know its ok to talk freely.</p> <p>To know its ok to be confident and outgoing.</p> <p>To begin to know about being confident in social situations.</p>	<p>like it" to convey my discomfort.</p> <p>To know that it is OK to engage with others, even if in a different environment.</p> <p>To know that people show their emotions in different ways, for example smiling if they are happy, cry if they are sad etc.</p>	<p>always be kind.</p> <p>To know that people show their emotions in different ways, for example smiling if they are happy, cry if they are sad etc.</p> <p>To begin to develop their resilience and perseverance.</p>
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Reception Skills	To describe a friend. To know and demonstrate friendly behaviour. To understand how	To learn about a range of different festivals. To learn about important dates in their lives.	To learn right from wrong. To understand how to make the right choices and the consequences of not making the	To make a link between traditional tales and how they fit into current learning. To be able to work as part of a team	To describe a range of different habitats around the world. To be able to moderate your feelings and actions towards others.	To be confident to try new activities and show independence, resilience and perseverance in the face of new challenges. To work towards

	<p>to be a good friend.</p> <p>To learn to join in with whole group activities.</p> <p>To choose an activity independently.</p> <p>To learn about the different family structures.</p>	<p>To be able to find solutions.</p>	<p>right ones.</p> <p>To understand that people need help.</p> <p>To identify ways of being helpful to others and how this will make them and others feel.</p>	<p>to retell a story.</p> <p>To choose your favourite story.</p> <p>To be confident to perform in front of an audience.</p>	<p>To give focused attention to a task, remaining on track until completion.</p> <p>To be able to find simple solutions to conflicts (using talk).</p>	<p>simple goals and children control their immediate impulses when appropriate.</p> <p>To be independent in their self-help skills and self-care.</p> <p>To understand and make healthy choices.</p> <p>To understand the impact of personal choices on our wellbeing and health.</p>
<p>Reception Knowledge</p>	<p>To describe and show friendly behaviour.</p> <p>To begin taking turns with their friends.</p>	<p>To be able to talk about different festivals.</p> <p>To understand why different people celebrate</p>	<p>To be able to talk about why a character has made a poor choice and what the consequences are.</p>	<p>To talk about the effect my behaviour has on others.</p> <p>To know about</p>	<p>To talk about the world that we live in and how there are similarities and differences when looking at different aspects.</p>	<p>To understand their own feelings and those of others and regulate their behaviour according.</p>

	<p>To be able to talk about the relationships they have at home with their family and friends.</p> <p>To see themselves as valuable.</p>	<p>different things.</p> <p>To know how to express their feelings.</p> <p>To know they need to consider the feelings of others.</p>	<p>To be able to talk about how the character could have made a better choice.</p>	<p>building constructive and respectful relationships.</p>	<p>To know how to develop their resilience and perseverance.</p>	<p>To work and play cooperatively with others.</p> <p>To know how to express feelings and consider feelings of others.</p> <p>To continue to develop their social and emotional maturity.</p>
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