

Personal, Social and Emotional Development

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Starting Point - 'Magical Me'	Starting Point - 'Sparkle & Shine'	Starting Point - 'What is your superpower?'	Starting Point - 'Once upon a time'	Starting Point - 'Our Wonderful World'	Starting Point - 'Imagine'
Nursery Skills	<p>To separate from main carer and learn to adapt to the preschool environment.</p> <p>To select and use activities and resources, with some support if needed.</p>	<p>To learn about daily routines and classroom rules.</p> <p>To be aware of behavioural expectations in the preschool</p> <p>To select and use activities and resources, with</p>	<p>To learn how to share resources and play in a group.</p> <p>To learn to look after resources within the class.</p> <p>To listen to, and follow rules set.</p>	<p>To show independence in accessing and exploring the environment.</p> <p>To independently put on coats and use the toilet.</p> <p>To listen to, and follow rules set.</p>	<p>To be able to initiate play with peers and keep play going by giving ideas.</p> <p>To become more outgoing with unfamiliar people.</p>	<p>To gain enough confidence to talk to adults and peers.</p> <p>To begin to be assertive towards others where necessary.</p>

	<p>To wash hands after using the toilet.</p> <p>To see themselves as valuable.</p>	<p>some support if needed.</p> <p>To show an awareness of the importance of oral health.</p> <p>To begin to find solutions independently.</p>	<p>To take turns whilst playing and waiting patiently to have a go.</p> <p>To begin to develop a sense of community.</p> <p>To follow rules independently.</p>	<p>To learn to look after resources within the class.</p>	<p>To show more confidence in new social situations.</p> <p>To begin to find solutions to conflicts.</p> <p>To show an awareness of how others may be feeling.</p>	<p>To gain confidence in finding solutions.</p> <p>To gain independence in their self-help skills.</p>
Nursery Knowledge	<p>To know that they can approach adults when needed.</p> <p>To know about building constructive and</p>	<p>To know how to adapt behaviour to suit classroom routines.</p> <p>To show confidence in</p>	<p>To know how to manage their emotions in different situations.</p>	<p>To be aware of the different areas in the Preschool and how to explore them safely.</p>	<p>To know that to play nicely it's important to share and take turns.</p> <p>To know that if I am upset, I can use phrases such as "stop it, I don't</p>	<p>To know how to talk politely and develop an understanding of what is appropriate.</p> <p>To know that it is OK to challenge others, but they</p>

	<p>respectful relationships.</p> <p>To know how to express their feelings.</p> <p>To know they need to consider the feelings of others.</p>	<p>asking adults for support.</p> <p>To know that oral hygiene is important and also know that eating fruits and vegetables is healthy for teeth and our bodies</p>	<p>To know that there are boundaries set.</p> <p>To know about different feelings and be able to talk about them during circle time, 'happy', 'sad', 'angry' or 'worried'.</p> <p>To know that we must respect our resources and out them back when we have finished with them.</p> <p>To know that when playing in a group</p>	<p>To approach an adult if they need support.</p> <p>To know its ok to talk freely.</p> <p>To know its ok to be confident and outgoing.</p> <p>To begin to know about being confident in social situations.</p>	<p>like it" to convey my discomfort.</p> <p>To know that it is OK to engage with others, even if in a different environment.</p> <p>To know that people show their emotions in different ways, for example smiling if they are happy, cry if they are sad etc.</p>	<p>must remember to always be kind.</p> <p>To know that people show their emotions in different ways, for example smiling if they are happy, cry if they are sad etc.</p> <p>To begin to develop their resilience and perseverance.</p>
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