



Complete EYFS – Knowledge and Skills in Personal, Social and Emotional Development.

•	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Starting Point	'Magical Me'	'Sparkle & Shine'	'What is your superpower?'	'Once upon a time'	'Our Wonderful World	'Imagine
Nursery Skills	To separate from main carer and learn to adapt to the preschool environment. To select and use activities and resources, with some support if needed. To wash hands after using the toilet	To learn about daily routines and classroom rules. To be aware of behavioural expectations in the preschool To select and use activities and resources, with some support if needed. To show an awareness of the importance of oral health.	To learn how to share resources and play in a group. To learn to look after resources within the class. To listen to, and follow rules set. To take turns whilst playing and waiting patiently to have a go.	To show independence in accessing and exploring the environment. To independently put on coats and use the toilet. To listen to, and follow rules set. To learn to look after resources within the class.	To be able to initiate play with peers and keep play going by giving ideas. To become more outgoing with unfamiliar people. To show confidence in new social situations. To begin to find solutions to conflicts. To show an awareness of how others may be feeling.	To gain enough confidence to talk to adults and peers. To begin to be assertive towards others where necessary.
Nursery Knowledge	To know that they can approach adults in preschool when needed.	To know how to adapt behaviour to suit classroom routines. To show confidence in asking adults for support. To know that oral hygiene is important and also know that eating fruits and vegetables is healthy for teeth and our bodies	To know how to manage their emotions in different situations. To know that there are boundaries set. To know about different feelings and be able to talk about them during circle time, 'happy', 'sad', 'angry' or 'worried'. To know that we must respect our resources and out them back when we have finished with them. To know that when playing in a group they need to share and also know that they will get a turn.	To be aware of the different areas in the Preschool and how to explore them safely. To approach an adult if they need support.	To know that to play nicely it's important to share and take turns. To know that if I am upset, I can use phrases such as "stop it, I don't like it" to convey my discomfort. To know that it is OK to engage with others, even if in a different environment. To know that people show their emotions in different ways, for example smiling if they are happy, cry if they are sad etc.	To know how to talk politely and develop an understanding of what is appropriate. To know that it is OK to challenge others, but they must remember to always be kind. To know that people show their emotions in different ways, for example smiling if they are happy, cry if they are sad etc.





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Reception Skills	To describe a friend. To know and demonstrate friendly behaviour. To understand how to be a good friend. To learn to join in with whole group activities. To choose an activity independently. To learn about the different family structures.	To learn about a range of different festivals. To learn about important dates in their lives.	To learn right from wrong. To understand how to make the right choices and the consequences of not making the right ones. To understand that people need help. To identify ways of being helpful to others and how this will make them feel.	To make a link between traditional tales and how they fit into current learning. To be able to work as part of a team to retell a story. To choose your favourite story. To be confident to perform in front od an audience.	To describe a range of different habitats around the world. To be able to moderate your feelings and actions towards others. To give focused attention to a task, remaining on track until completion.	To be confident to try new activities and show independence, resilience and perseverance in the face of new challenges. To work towards simple goals and children control their immediate impulses when appropriate.
Reception Knowledge	To describe and show friendly behaviour. To begin taking turns with their friends. To be able to talk about the relationships they have at home with their family and friends.	To be able to talk about different festivals. To understand why different people celebrate different things.	To be able to talk about why a character has made a poor choice and what the consequences are. To be able to talk about how the character could have made a better choice.	To talk about the effect my behaviour has on others.	To talk about the world that we live in and how there are similarities and differences when looking at different aspects.	To understand their own feelings and those of others and regulate their behaviour according. To work and play cooperatively with others.