

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Silver Menu Summer 2019

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	"Meat Free Monday" Vegetarian Spaghetti Bolognese	Pork Sausages * with Baked Potato Wedges	Roast Chicken* with Roast Potatoes & Gravy	Lamb Lasagne *	MSC Salmon Fish Fingers, with Chips & Tomato Sauce
22/04 13/05 10/06 01/07 22/07	Vegetarian	Lentil & Sweet Potato Curry with Rice	Vegetarian Sausages with Baked Potato Wedges	Creamy Vegetable Pie with Roast Potatoes & Gravy	Quorn Stir Fry with Noodles	Cheese & Tomato Pizza
	Vegetables	Broccoli Diced Swede	Garden Peas Cauliflower	Green Beans Carrots	Sweetcorn Roast Seasonal Vegetables	Baked Beans Garden Peas
	Dessert	Banana Cake with Custard Yoghurt Fresh Fruit	Peaches with Ice Cream Yoghurt Fresh Fruit	Vanilla Shortbread Yoghurt Fresh Fruit	Iced Sponge Yoghurt Fresh Fruit	Mandarin & Cinnamon Cake with Custard Yoghurt Fresh Fruit
Week 2	Main	"Meat Free Monday" Macaroni Cheese	Beef Burger * with Baked Jacket Wedges	Roast Chicken * with Roast Potatoes & Gravy	BBQ Chicken * with Rice	MSC Battered Fish with Chips & Tomato Sauce
29/04 20/05 17/06 08/07	Vegetarian	Vegetarian Wraps with Rice	Quorn Burger with Baked Jacket Wedges	Lentil & Basil Puff Pastry Turnover with Roast Potatoes & Gravy	Vegetarian Chilli with Rice or Jacket Potato	Cheese & Pepper Whirl with Chips & Tomato Sauce
	Vegetables	Roasted Tomatoes Garden Peas	Sweetcorn Broccoli	Carrots Green Cabbage	Green Beans Cauliflower	Baked Beans Garden Peas
	Dessert	Peach Upside Down Cake with Custard Yogurt Fresh Fruit	Apple Flapjack Yoghurt Fresh Fruit	Lemon Drizzle Cake Yoghurt Fresh Fruit	Mixed Fruit Crumble with Custard Yoghurt Fresh Fruit	Mandarins with Ice Cream Yoghurt Fresh Fruit
Week 3	Main	"Meat Free Monday" Cheese & Tomato Pizza	Beef Spaghetti Bolognese *	Roast Chicken * with Stuffing, Roast Potatoes & Gravy	Chicken Tikka Marsala * with Rice	MSC Fish Fingers with Chips & Tomato Sauce
06/05 03/06 24/06 15/07	Vegetarian	Chickpea Aloo Chat with Rice	Red Pepper & Cheese Frittata with New Potatoes	Vegetable Wellington with Roast Potatoes & Gravy	Vegetable Fajitas with Rice	Cheese & Tomato Quiche with Chips
	Vegetables	Carrots & Peas	Broccoli Sweetcorn	Roasted Parsnips Carrots	Roasted Fresh Peppers Green Beans	Baked Beans Garden Peas
	Dessert	Orange Drizzle Cake with Custard Yoghurt Fresh Fruit	Fruit Salad Yoghurt Fresh Fruit	Lemon & Berry Cake Yoghurt Fresh Fruit	Sticky Toffee Apple Crumble with Custard Yoghurt Fresh Fruit	Chocolate Cookies Yoghurt Fresh Fruit

Available Daily

Freshly cooked jacket potatoes with a choice of fillings (where advertised)

Bread freshly baked on site daily

Daily salad selection

* On the menu indicates a Halal option is also available on that day