

ABBEY PRIMARY SCHOOL

SEX AND RELATIONSHIP EDUCATION POLICY

September 2016

RATIONALE

We aim to ensure that all pupils are provided with sex and relationship education to help and support them through their physical, emotional, moral, spiritual cultural and mental development.

Sex and relationship education is 'lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of stable family life and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate teaching'. Sex and Relationship Education Guidance DfEE 2000.

PURPOSE

Through our sex and relationship education we aim to help pupils to develop the *skills* of:

- Preparing for the opportunities, responsibilities and experiences of adult life
- Showing respect for themselves and others
- Moving with confidence from childhood through adolescence into adulthood
- Recognising their own and other people's feelings
- Recognising that actions have consequences for themselves and others
- Developing skills needed for relationships e.g. listening, supporting, showing care
- Sharing knowledge and skills with others, demonstrating a generosity of spirit
- Recognising and challenging stereotypes
- Demonstrating tolerance and respect for each other
- Responding appropriately to teasing and bullying
- Making new friends and learning how to cope with losing friends
- Listening to what other people say.

Through our sex and relationship education we aim to help pupils acquire *knowledge* of:

- Different types of family having common features and functions

- Similarities and differences between people e.g. gender, appearance, ability, family, culture
- What we do that makes each other happy, sad and angry,
- What helps and what hinders relationships
- The changes that take place in human life – puberty, parenthood, bereavement, making new relationships
- Different types of relationship, including marriage, and that there are many different patterns of friendship.

Through our sex and relationship education we aim to help pupils develop *attitudes* which enable them to:

- Respect other people's feelings, decisions and rights
- Value the diversity of life styles and the choices made within them
- Consider why honesty, loyalty, understanding and respect are important in relationships
- Appreciate different ways of loving and the importance of love in relationships
- Consider their developing responsibilities within school, with friends and within the family
- Value other people's achievements
- Demonstrate compassion towards the most vulnerable of pupils.

GUIDELINES

The teaching of sex and relationship education will form part of our personal, social, health and citizenship education (PSHEC) and religious education (RE) and some aspects of the science curriculum. The PSHEC subject leader will work closely with the Headteacher and governors of the Curriculum Sub-Committee to ensure full understanding and implementation of the policy.

OTHER INFORMATION

This policy will run in conjunction with the following policies: Behaviour, Discipline and Anti – Bullying, Equal Opportunities, PSHEC, Child Protection, Health and Safety, Special Educational Needs, RE.

THEMES COVERED FROM NURSERY TO YEAR 6 THROUGH PERSONAL, SOCIAL, HEALTH AND CITIZENSHIP EDUCATION

Foundation Stage

- Show care and concern for others and for living things
- Seek out others to share experiences
- Have a sense of belonging
- Show care and concern for self; manage their own personal hygiene
- Have positive self-image and show they are comfortable with themselves
- Have an awareness of their own needs, views and feelings and those of others
- Understand what is right, wrong and why
- Consider the consequences of their words and actions for themselves and others
- Understand that people have different needs, views, cultures and beliefs that need to be treated with respect
- Talk freely about their home and community.

Key Stage 1

- People in my life
- My moods, feeling happy, sad etc.
- Friendships
- Keeping safe – dangers I may encounter and saying ‘no’
- My body and other people’s bodies – similarities and differences, changes as we grow
- The beginning of life and growth – me, animals and plants
- Ageing – how we know things are alive, young, old
- Different types of families and feelings in families
- What helps us to get on with each other
- What makes me happy
- What I like/don’t like about other people and what they like/don’t like about me
- Caring for myself – hygiene, sleep, exercise.

Key Stage 2

- Feelings – things that make me embarrassed, scared etc.
- Difficult situations e.g. bullying, teasing
- How babies begin and are born
- Keeping healthy – exercise, diet, the immune system
- Things that go into my body – some that help, some that harm
- Friendship – who our friends are, how we make and lose friends
- Making decisions, influences on me
- Keeping safe
- Varied lifestyles in the class and community – differences in others and how we feel about differences

- Decision-making and risk taking
- Feelings about the future
- Families and how they behave – what members expect of each other
- Differences and similarities in people.

Year 5 Sex and Relationship Education

The School Health Sister talks to girls in Y5 about periods. The parents of the girls have to give written consent before their child is able to take part.

Year 6 Sex and Relationship Education

Our main resource is the Channel 4 video 'All About Us: Living and Growing'. It covers changes within and beyond our control, how babies are made and how babies are born.

Parents are invited in to watch the video before it is shown to the pupils. All parents have to give written consent before their child is able to watch the video and take part in the discussion session about it.

Our School Health Sister works alongside Y6 teachers to deliver this part of the curriculum. Pupils watch the video in single sex groups and are then able to write questions down. These questions are answered by staff. Inappropriate questions will not be discussed.